



Press Release
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Knox County Hospital District Welcomes Karley Myers

Speech therapist expands rehabilitation services for children and adults

KNOX CITY, Texas (September 15, 2026) – Knox County Hospital District is welcoming home Karley Myers, M.S., to its healthcare team, expanding access to speech therapy services for children and adults in Knox County and the surrounding area. Karley was raised in Rhineland and is a 2022 Munday High School graduate.

Myers provides speech therapy for patients with a variety of communication and swallowing needs. For children, speech therapy can help address concerns involving speech clarity, articulation, language development and communication skills. Adults may benefit from speech therapy following a stroke, neurological condition, illness or injury, or when experiencing changes involving speech, language, cognition, voice or swallowing.

“We are pleased to welcome Karley to KCHD and to make this service available to the people of Knox County,” Stephen Kuehler, CEO, said. “One of our continuing goals is to provide as many important healthcare services as we reasonably can close to home. Adding speech therapy gives children, adults and families another resource without automatically having to travel outside the area for care.”

Myers earned her Bachelor of Science and Master of Science in Communication Sciences and Disorders from Oklahoma State University. Her clinical education included experience in both hospital and outpatient settings with pediatric and adult patients.

Her training has included speech and language evaluation and therapy, pediatric language development, cognitive-communication treatment, voice therapy, swallowing evaluation and treatment, and augmentative and alternative communication. She also gained experience working with adult patients recovering from stroke and living with other neurological conditions.

“Communication is such an important part of everyday life, and the needs and goals of every patient are different,” Myers, said. “For a child, therapy may focus on developing clearer speech or stronger language skills. For an adult, it may involve rebuilding communication abilities after a stroke or addressing changes in swallowing. I look forward to working with patients and families and helping them make progress that is meaningful in their daily lives.”

“Speech therapy is individualized to each patient.” Myers, said. “Treatment begins by identifying areas of concern and determining goals based on the patient’s age, abilities and specific needs. Progress may involve improving a child’s ability to communicate at home or school, helping an adult strengthen communication following an illness or injury, or working on strategies that make swallowing safer and more effective.”

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Family members and caregivers can also play an important role in therapy. Strategies practiced during an appointment can often be incorporated into activities at home, helping patients continue working toward their goals between visits.

“Some of the most rewarding progress happens when a skill we have been working on begins to carry over into everyday life,” Myers said. “Our goal is to give patients practical tools and help them build skills that can improve communication, independence and confidence.”

Speech therapy complements rehabilitation services already available through KCHD. The Physical Therapy Department works with patients who need assistance improving movement, strength, balance and function following an injury, illness, surgery or other medical condition. Together, rehabilitation services can help patients work toward greater independence and improved quality of life while receiving care closer to home.

Kuehler said the addition of speech therapy reflects KCHD’s ongoing commitment to meeting the changing healthcare needs of the communities it serves.

“Rural healthcare is about looking at what our patients and families need and finding appropriate ways to bring those services closer to them,” Kuehler said. “Karley is a welcome addition to our healthcare team, and we are excited about the opportunities speech therapy will provide for people throughout Knox County.”

Myers also brings familiarity with the area through previous professional experience in Munday. That connection, combined with her clinical training, gives her an opportunity to provide a specialized service while becoming part of the broader KCHD healthcare team. She is providing in and out-patient speech services in the hospital, home health patients, and for residents in Munday Nursing Center.

Patients and families interested in learning whether speech therapy may be appropriate should begin by contacting their local primary care provider.

Call Knox City Clinic at 940-657-3906 or Munday Clinic at 940-422-5271 to schedule an appointment with your local primary care provider and discuss whether speech therapy is right for you or a family member.

About Knox County Hospital District

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.

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