



Press Release
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Knox County Hospital District Welcomes Sheldon Baty to Medical Team **New family medicine physician will serve patients in Knox City and Munday**

KNOX CITY, Texas (August 21, 2026) – Knox County Hospital District will welcome Sheldon Baty, M.D., to its medical team in September, expanding access to family medicine services for patients throughout the area.

For Dr. Baty, joining Knox County Hospital District is also a homecoming. He grew up in Knox City and graduated from Knox City High School before leaving the area to pursue his college education and medical training.

Dr. Baty will see patients two days each week at Knox City Clinic and two days each week at Munday Clinic. By dividing his schedule between the district's two primary care clinics, Dr. Baty will provide another option for patients seeking routine, preventive and ongoing medical care close to home.

"We are very pleased to welcome Sheldon back to the area and to our medical team," said Stephen Kuehler, CEO of Knox County Hospital District. "His training, commitment to rural healthcare and availability at both of our clinics will be a tremendous benefit to the patients and communities we serve."

Dr. Baty earned a Bachelor of Science from Angelo State University in San Angelo, graduating summa cum laude with honors in 2020. He received his medical degree from Texas Tech University Health Sciences Center School of Medicine in Lubbock in 2023 and completed his family medicine residency through Texas Tech University Health Sciences Center in Amarillo in 2026. He served as chief resident during the 2025-26 academic year.

His medical training includes extensive experience in both outpatient and hospital settings. During residency, Dr. Baty cared for medical-surgical, step-down and intensive care patients. He also completed rotations in emergency medicine, obstetrics and gynecology, orthopedics and surgery while providing outpatient primary care through Texas Tech Family Medicine.

"Growing up here gave me an appreciation for the importance of having dependable healthcare available in a rural area," said Sheldon Baty, M.D., Family Medicine Physician. "I am excited to return and have the opportunity to care for patients throughout the communities served by Knox County Hospital District."

As a family medicine physician, Dr. Baty will care for patients with a wide range of healthcare needs. Services will include routine checkups, preventive care, wellness examinations, health screenings,

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Knox City Native Sheldon Dr. Baty Returns Home to Practice Medicine

Page 2

diagnosis and treatment of illnesses and injuries, management of acute and chronic conditions, follow-up care and coordination with specialists when additional services are needed.

Family medicine can also play an important role in helping patients stay ahead of potential health concerns. Regular visits provide opportunities to monitor blood pressure, cholesterol and other health indicators, keep recommended screenings current and discuss lifestyle choices that can affect long-term health.

“Building an ongoing relationship with a medical provider can make a real difference in a patient’s care,” Dr. Baty said. “It gives us an opportunity to understand a person’s health history, follow changes over time and work together on both prevention and treatment.”

Dr. Baty’s residency provided experience caring for patients with both routine and more complex medical needs. His hospital background included participation in rapid response care involving strokes, chest pain and cardiac arrests. He also served as a resident instructor, helping teach medical students and junior residents. Dr. Baty holds a Texas medical license and certifications in advanced cardiac life support, basic life support and advanced trauma life support.

Kuehler said adding Dr. Baty to the medical team is another step in maintaining strong local access to primary care.

“Rural healthcare depends on having medical professionals who understand the importance of being available and building relationships with the people they care for,” Kuehler said. “Sheldon brings excellent training as well as a genuine interest in rural medicine, and we look forward to having him serve patients across our district.”

Dr. Baty has identified rural health and strengthening rural communities as particular professional interests. He is a member of the Texas Academy of Family Physicians and the American Academy of Family Physicians.

“Family medicine gives me the opportunity to care for people through different stages of their lives and to get to know the patients and families I serve,” Dr. Baty said. “I am looking forward to beginning that work here in September.”

Dr. Baty will begin seeing patients in September at Knox City Clinic, 712 SE Fifth St. in Knox City on Monday and Tuesday, and the Munday Clinic, 210 E D St. in Munday on Wednesday and Thursday. For information or to schedule an appointment, call Knox City Clinic at 940-657-3906 or Munday Clinic at 940-422-5271



Knox City Native Sheldon Dr. Baty Returns Home to Practice Medicine

Page 3

About Knox County Hospital District

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.

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