



Press Release
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Knox County Hospital District Adds New Pain Clinic

Collaborative Partnership Expands Access to Specialized Pain Care

KNOX CITY, Texas (Jan 9, 2026) — Living with chronic or ongoing pain can significantly affect daily life, limiting mobility, disrupting sleep, and making routine activities more difficult. To help address these challenges for area residents, Knox County Hospital District has expanded access to specialized pain management services through the addition of a new Pain Clinic located at the hospital.

The new Pain Clinic offers patients access to advanced pain management care through a collaborative partnership with experienced pain management professionals. By working together, Knox County Hospital District and its clinical partners are bringing specialized services to the community while allowing patients to receive care close to home.

“This new Pain Clinic reflects our ongoing commitment to improving access to care for our community,” said Stephen Kuehler, CEO. “Through collaboration with specialized providers, we’re able to offer services locally that help patients manage pain without the added burden of traveling far from home.”

The Pain Clinic is designed for individuals experiencing chronic or persistent pain related to conditions such as back and neck pain, joint discomfort, nerve-related pain, and other long-standing pain concerns. Services focus on evaluating the source of pain and developing individualized treatment plans aimed at improving function, comfort, and overall quality of life.

Pain management can be complex, and treatment often requires a thoughtful, multi-step approach. For this reason, the Pain Clinic works in coordination with a patient’s primary care provider. Referrals from a primary care provider are required to ensure pain management services are appropriate and aligned with each patient’s medical history and ongoing care needs.

As part of this collaborative approach, patients may benefit from a range of interventional pain management techniques commonly used to diagnose and treat chronic pain conditions. These approaches are designed to help reduce inflammation, interrupt pain signals, and support improved mobility when appropriate. All services are provided with a strong emphasis on patient safety, careful evaluation, and individualized care planning.

“Most insurance plans are accepted at the Pain Clinic, including Medicare and Medicaid. As with many specialized medical services, treatments typically require pre-authorization, Kuehler noted. “This process helps ensure coverage and allows care teams to plan appropriately before services are delivered.”

MORE

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By offering pain management services at the hospital, Knox County Hospital District is helping reduce the need for patients to travel long distances for specialty care. This local access can be especially important for individuals who may already be limited by pain, mobility concerns, or transportation challenges. Receiving care in a familiar setting also supports continuity and communication between providers.

Chronic pain often affects more than just physical health. Over time, it can impact emotional well-being, independence, and participation in everyday activities. The goal of the Pain Clinic is to help patients better manage pain so they can remain active, engaged, and connected to their families and communities.

“The addition of the Pain Clinic reflects Knox County Hospital District’s ongoing approach to expanding healthcare services through collaboration rather than duplication,” Kuehler said. “By partnering with specialized pain management professionals, the hospital district is able to bring additional expertise into the community while maintaining the trusted local care patients expect.”

“Our goal is always to meet the needs of our patients while keeping care local whenever possible,” Kuehler said. “This partnership allows us to expand services thoughtfully and responsibly, ensuring our community has access to specialized care without losing the personal, hometown approach that defines Knox County Hospital District.”

Community members who are living with ongoing pain are encouraged to start the conversation with their primary care provider. A referral can help determine whether pain management services may be an appropriate next step and what options may be available as part of a comprehensive care plan.

Knox County Hospital District continues to evaluate opportunities to enhance healthcare services through partnerships that strengthen local access and improve patient outcomes. The new Pain Clinic represents another step forward in delivering high-quality healthcare close to home.

For more information or a referral to the Pain Clinic, speak with your primary care provider or call 940-657-3535.

About Knox County Hospital District

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.

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