



Press Release
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Warm Holiday Wishes From Knox County Hospital District

Gratitude, safety, and wellness reminders during this Christmas season

KNOX CITY, Texas (Dec. 12, 2025) — As Christmas approaches, Knox County Hospital District (KCHD) is extending warm wishes and heartfelt gratitude to the families of Knox County. The holidays offer a chance to slow down, gather with loved ones, and reflect on the blessings that shape our lives. For the team at KCHD, this season also brings the opportunity to say thank you to the people who make this community a truly special place to live and serve.

“Every holiday season reminds us just how fortunate we are to care for the people of Knox County,” said Stephen Kuehler, CEO. “We see families checking in on one another, helping neighbors, and supporting our hospital district in countless ways. That trust means everything to us, and we are honored to walk alongside this community during the holidays and throughout the year.”

Kuehler noted that while Christmas is a joyful time, it can also bring extra challenges. Travel increases, schedules get busier, homes fill with activity, and winter weather can create unexpected hazards. With those realities in mind, KCHD is encouraging residents to stay mindful of a few simple precautions that can help ensure a safe and healthy holiday season.

One of the most important steps families can take is careful planning before traveling. Weather can shift quickly this time of year, and road conditions may deteriorate without warning. Kuehler encourages drivers to check forecasts, allow extra time for travel, and avoid rushing simply to stay on schedule. Even small changes—like leaving a little earlier or packing an emergency blanket and a phone charger—can make a meaningful difference. Fatigue also plays a role during the holiday season, so travelers are reminded to take breaks, avoid driving when overtired, and stay focused on the road rather than on devices or multitasking.

Busy kitchens and bustling households can also contribute to accidents, so Kuehler encourages families to stay alert when preparing meals or hosting guests. Cooking fires are more common during the holidays, often because people become distracted or step away “just for a moment.” Staying attentive, keeping towels and packaging away from stovetops, and ensuring smoke detectors are in working order can help prevent dangerous situations. Households with guests—especially children or older adults—may also benefit from taking a quick walk through the home to clear hallways, secure rugs, and make sure decorations are placed safely and away from heat sources.

MORE



Holiday Wishes from Hospital District

Page 2

“Sometimes it’s the small things that matter most,” Kuehler said. “A few minutes of prevention can keep your family safe and allow you to truly enjoy your time together.”

To support community members preparing for holiday gatherings, KCHD offers a brief list of reminders that can help reduce the risk of avoidable injuries and illness:

- Check weather and road conditions before traveling, and avoid driving while fatigued or distracted.
- Be attentive in the kitchen, keep flammable items away from heat sources, and never leave cooking unattended.
- Use holiday lights and electrical cords safely, and avoid overloaded outlets.
- Refrigerate leftovers promptly and wash hands frequently during meal preparation.

Beyond physical safety, Kuehler also encourages residents to take care of their emotional well-being. The holidays can be joyful, but they can also bring stress, grief, or pressure to meet expectations. Slowing down, staying hydrated, taking short breaks, and allowing time for rest can help restore balance during a busy season. Even brief moments of quiet—whether it’s enjoying a walk, reading, or connecting with a friend—can make celebrations more meaningful and less overwhelming.

“Your well-being matters,” Kuehler noted. “We want everyone to feel safe, supported, and cared for—both physically and emotionally. Taking a few simple steps to care for yourself helps ensure you can fully enjoy this special time with the people you love.”

KCHD also expresses its appreciation to the staff, nurses, medical providers, and support teams who continue to serve patients around the clock throughout the holiday season. Their dedication ensures that care is always available, even when others are celebrating at home. “Our staff gives so much of themselves to this community,” Kuehler said. “We are incredibly grateful for their commitment, compassion, and professionalism.”

The Knox City Clinic and Knox City Pharmacy will close at 2:00pm on December 24th and December 31st and will be closed on Christmas Day and New Year’s Day.

The Knox City Clinic and Knox City Pharmacy will reopen on December 26th and January 2nd until 2:00pm. Normal hours of operation in the Knox City Clinic and Pharmacy will resume Saturday December 27th and January 3rd. Saturday hours are 9am-12pm.

The Munday Clinic will close at 2:00pm December 24th and December 31st. The Munday Clinic will be closed December 25th and 26th as well as January 1st and 2nd. The Munday Clinic is not open on Saturdays.



The hospital and emergency department remain open 24/7 throughout the holidays.

As Knox County families prepare to celebrate Christmas, KCHD wishes each household a season filled with peace, gratitude, and moments that become cherished memories. "From our family to yours," Kuehler added, "we wish you a safe, joyful, and healthy Christmas season. Thank you for allowing us to be part of your lives."

About Knox County Hospital District

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.