



**Press Release**  
**FOR IMMEDIATE RELEASE**

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## **Volunteers play an important role at Knox County Hospital District**

*Hospital District Honors Volunteers During National Recognition Week*

KNOX CITY, Texas (April 14, 2023) – Volunteering time is one of the most direct ways people can give back and make a difference in their communities. At Knox County Hospital District, volunteers make a difference in the lives of patients and play an important role in the hospital’s ability to provide compassionate healthcare services.

“Our volunteer group is one of the most vital resources,” says Glenda Huff, president of the Knox County Hospital District Pink Ladies Auxiliary. “Whether we help raise money for services and equipment, or simply provide comforting smiles and good wishes to our patrons, our volunteers are an invaluable resource for everyone in the community.”

National Volunteer Week, observed this year, April 16th through the 23rd, recognizes the hard work and selflessness of volunteers and members of the community who give their time and talents to help their neighbors.

The Pink Ladies revenues benefit essential hospital programs and help fund equipment upgrades with sales from their Thrift Shop.

The group, which was founded in 1980, also operates the Pink Ladies Thrift Shop in downtown Knox City (110 S. Central Ave.). The thrift shop accepts local donations and has a variety of items available for purchase by the public. Shoppers can discover a seemingly endless amount of treasures, including clothing, furniture, jewelry, home décor, seasonal items, and much more.

The hospital currently has 24 volunteers who donated over 5000 hours of their time in 2022. Through fundraisers, donations, and money raised via the thrift shop, the auxiliary has raised hundreds of thousands of dollars over the years for hospital initiatives, including the purchase and maintenance of medical equipment.

National Volunteer Week was established in 1974 by a presidential proclamation signed by Richard Nixon. Each U.S. President since, along with many governors, mayors, and other elected officials, has signed a proclamation celebrating National Volunteer Week.

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According to the Corporation for National and Community Service, a federal government agency, Americans volunteer, even during the COVID pandemic nearly 5 billion hours to help their communities each year.

Beyond helping people in the community, volunteering has been shown to provide several benefits for those who participate. Those include increasing a person's confidence, reducing loneliness, improving mental health and promoting happiness and a sense of wellbeing.

"Volunteers find a lot of satisfaction in giving back to their neighbors, and their efforts are extremely valuable to the hospital district," Kelsey Simmons, Munday Nursing Center Administrator says. "We are grateful for the efforts and dedication of our local volunteers. Their hard work shows the strength of our community and demonstrates what we can accomplish when we work together. Our volunteers at Munday Nursing Center are very valuable assets. We so appreciate their daily visits, helping serve dinner, conducting Bingo (our residents' favorite activity), leading Bible Study, Sing Songs, monthly birthday parties and so much more. Thank you doesn't even begin to express our appreciation."

You can honor local volunteers by joining their efforts. No experience is necessary. Each new member of the Auxiliary Program receives an orientation, which includes the group's responsibilities.

To learn more about the Auxiliary Program and how you can volunteer your time at Knox County Hospital District, please call Glenda Huff at 940-658-3403 or 940-658-3019. They are currently needing volunteers for Wednesday afternoons. You can also learn more at [www.knoxhospital.org](http://www.knoxhospital.org). Please contact Kelsey Simmons at Munday Nursing Center at 940-422-4541 to sign up to volunteer.

### **About Knox County Hospital District**

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, two hospital clinics, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit [www.knoxhospital.org](http://www.knoxhospital.org).

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