



FOR IMMEDIATE RELEASE

**Media Contact**

Stephen Kuehler | [stephen.kuehler@knoxhospital.org](mailto:stephen.kuehler@knoxhospital.org)  
940-657-3535

## **On March 30 Let Knox Medical Staff Know the Doctor is In Your Thoughts**

*National Doctor's Day is a great time to show your appreciation for the work that medical providers do.*

KNOX CITY, Texas (March 24, 2023) – When you leave your doctor's office do you usually feel grateful? Even if you received news or a diagnosis that you weren't happy with? You probably recognize that it is a privilege to get to see a medical professional that many around the world and even in the United States don't often have. That is the reason that National Doctor's Day has become a nationwide observance set aside to say "thank you," to those in the medical profession who work so hard to make our lives better, healthier and in many instances, even possible.

"Every March 30 we take time out to say thank you to our medical providers who do so much for us throughout the year," noted Stephen Kuehler, CEO. Even though the observance calls attention to doctors specifically, we like to include our Family Nurse Practitioners, all of whom go through rigorous training to provide us healthcare that may end up saving our lives. "At the very least, they make our lives more comfortable, enjoyable and manageable on a daily basis," Kuehler, said.

At no time in history outside of wartime have physicians and other medical providers been more stressed or strained than during the past several years as we went through the Covid 19 pandemic.

But extraordinary times like that aside, in addition to caring for the sick, our medical providers advance our medical knowledge and promote good health. Many participate in research studies and even recommend their patients for such studies in order to move the needle forward, so to speak, in terms of providing effective medical treatment.

If you wonder what the appropriate way is to acknowledge your gratitude toward a doctor on National Doctor's Day, just consider a simple "thank you." Knox County Medical staff urge our patients to express even the smallest sign of gratitude this week, or on your next visit. "Any gesture can be extremely gratifying to the recipient and may uplift his or her spirits since they often see so much sickness and despair," Kuehler, observed.

Currently in the United States there are about two million physicians in active practice according to

**MORE**



## **On March 30 Let Knox Medical Staff Know the Doctor is In Your Thoughts**

### **Page 2**

Spring 2022 statistics. Right here in Texas we have the benefit of more than 69,000 physicians. When you add to that total the more than 12,000 PAs in the Lone Star State and the greater than 70,000 nurse practitioners, an even greater number than medical doctors, you realize that we have an army of professionals at the ready to keep us healthy and strong every day.

Generally, it takes between 10 to 15 years to become a fully licensed doctor. This includes completing a four-year undergraduate degree, plus four more years in medical school and then an additional three to seven years in residency depending upon the specialty field of medicine they decide to pursue. Physician Assistants usually train for about five to six years while it takes about five to eight years to become a Nurse Practitioner. You must first have studied to become a Registered Nurse before becoming a Nurse Practitioner.

The life of a medical provider is usually a busy one with most providers working on average more than 50 hours per week. This figure was multiplied several times over for the vast majority of medical professionals during the height of the Covid crisis. And when a doctor isn't available to see a patient then in almost all cases a PA or Nurse Practitioner is. Sometimes patients may see one or the other.

"When you consider the commitment that our medical team make in order to practice their profession it becomes clearer that their patients are the beneficiaries of all the work they put in," Kuehler said. "Give them thanks for what they do each time you see them because they deserve it." But especially on National Doctor's Day, find a sweet way to let them know that they are appreciated.

To schedule a screening with your local healthcare provider, please call Knox City Clinic at 940-657-3906 or the Munday Clinic at 940-422-5271.

### **About Knox County Hospital District**

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit [www.knoxhospital.org](http://www.knoxhospital.org).

###

**Knox County Hospital District**

701 SE 5th St. | Knox City, TX 79529 | 940-657-3535



**Knox County Hospital District**

701 SE 5th St. | Knox City, TX 79529 | 940-657-3535