

## Press Release FOR IMMEDIATE RELEASE

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## **Nursing Team Celebrated During National Nurses Week**

Knox County Hospital District celebrates the work of local nurses.

KNOX CITY, Texas (April 26, 2024) – Nurses are among the first points of contact when patients enter a hospital or clinic. Not only do nurses serve as hospital ambassadors, but they also provide essential and compassionate care. In recognition of their tireless work, Knox County Hospital District is celebrating National Nurses Week.

National Nurses Week is a nationwide initiative that recognizes the valuable role nurses play in healthcare. Knox County Hospital District is joining the effort by celebrating the nurses in and across the United States.

"In healthcare, lots of focus is placed on physicians, and rightfully so. But nurses are also on the front line every day, delivering compassionate care to patients at every step of the way," says Sheila Kuehler, Director of Nurses at Knox County Hospital. "Nurses show exceptional commitment to patient satisfaction and serve a vital role in the operation of any healthcare environment."

National Nurses Week, which is celebrated at the same time each year, is rooted in the work of the profession's most notable icon, Florence Nightingale.

Often referred to as the "lady with the lamp," Nightingale earned her reputation during the Crimean War when she led a group of 38 nurses through the battleground. Throughout her journey, Nightingale provided much-needed services to the badly wounded British troops. When night fell, she continued her mission by lighting the way with her famous lamp.

National Nurses Week begins on May 6 each year, the anniversary of Nightingale's arrival in Crimea, and ends on her birthday, May 12. In 1974, President Richard Nixon declared May 6 through May 12 National Nurses Week.

According to Kuehler, the nursing profession demands special coping skills and the ability to provide compassionate service in a variety of situations.

"Nurses possess the unique ability to work under stress while expressing a deep concern for the wellbeing of every patient," Kuehler says. "We are proud of their selfless service here at Knox County Hospital District."

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Knox County Hospital District currently employs approximately 60 nurses, including registered nurses and nurse practitioners who provide care across the hospital, its clinics, and nursing home.

Kuehler adds that nurses play a crucial role in primary care services.

"When it comes to caring directly for patients, our nurses are critical," Kuehler says. "From providing medications to addressing patient concerns, nurses make a difference every day."

There are upwards of 30 different types of nurses in the healthcare industry, but these are the most common in Knox County Hospital District setting.

Nurse practitioners (NP's), a vital component of the healthcare team, play a multifaceted role in patient care. With advanced training and expertise, NPs assess, diagnose, and treat patients, collaborate with physicians, and empower individuals and families through education and support. Their comprehensive approach ensures quality care and enhances patient outcomes.

Registered nurses, commonly referred to as RNs, interact with patients in many ways, including providing treatments, educating patients and their families about medical conditions, and providing support to patients and their loved ones.

Licensed vocational nurses (LVNs) contribute to the patient care continuum by delivering essential bedside assistance and supporting clinical services under the guidance of registered nurses and other healthcare professionals.

Additionally, certified nurse assistants (CNAs), also known as nurse's aides, work under the supervision of an RN to provide patients who otherwise are unable to care for themselves with assistance in everyday living tasks.

To learn more about healthcare programs and services available in Knox City, visit www.knoxhospital.org.

## **About Knox County Hospital District**

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.



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