



**Press Release**  
**FOR IMMEDIATE RELEASE**

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## **Hospital District Volunteers Celebrated during National Week of Recognition**

*Knox County Hospital District celebrates National Volunteer Week April 17-23.*

KNOX CITY, Texas (April 12, 2024) – Volunteerism is one of the most direct ways one can give back and make a difference in their community. At Knox County Hospital District (KCHD), volunteers make a difference in patients' lives and play an essential role in the hospital district's ability to provide compassionate healthcare services.

National Volunteer Week, observed April 21 through the 27th this year, recognizes the hard work and selflessness of volunteers and community members who give their time and talents to help their neighbors. KCHD hosts a Volunteer Appreciation Banquet in the fall as it works better with everyone's schedules as spring is packed with various community activities.

"We do however, want to always thank and recognize our valuable volunteers as they are the lifeblood of our hospital district, embodying the spirit of compassion and service," says Stephen Kuehler, CEO of KCHD. "Their tireless efforts play a vital role in ensuring that our community receives exceptional healthcare services."

National Volunteer Appreciation Week, established in 1974, underscores the significance of volunteerism in building resilient communities. It serves as a poignant reminder of the immeasurable impact that selfless acts of service can have. Volunteers not only contribute their time and skills but also embody the spirit of unity and compassion that strengthens communities.

"Volunteers are integral to our community's fabric, extending their impact far beyond our facilities," remarks Kelsey Simmons, Administrator of Munday Nursing Center. "Their presence creates a warm and welcoming environment for our residents, enriching their lives with meaningful activities and companionship."

Founded in 1980 the Hospital District Pink Ladies Auxiliary tirelessly supports various hospital programs and services. They operate the beloved Pink Ladies Thrift Shop, a community staple that not only generates essential funds but also fosters a sense of camaraderie. The Pink Ladies' efforts go beyond fundraising; they are often the friendly faces that provide comfort and support to patients and their families during their time at the hospital.

"Whether it is taking part in fundraising activities or lending a helping hand to one of our Munday Nursing Center residents, our volunteers are critical to making the hospital district a success," says Kuehler. "The individuals donating their time and skillsets undoubtedly provide much help and make a great impact every day."



Nearly one-quarter of Americans take time to volunteer, according to a survey released by the U.S. Bureau of Labor Statistics in 2016. The Corporation for National and Community Service estimates that approximately 22.99 percent of Texans volunteer their time.

Beyond helping individuals and local organizations, research has shown that volunteering provides many benefits, including increasing a person's confidence, reducing loneliness, improving mental health, and promoting happiness and a sense of wellbeing.

To learn about the Knox County Hospital District Auxiliary Program and how you can volunteer your time, please call 940-658-3404. Anyone interested in a volunteer role in Munday Nursing Center can call 940-422-4541. You can also learn more at [www.knoxhospital.org](http://www.knoxhospital.org).

### **About Knox County Hospital District**

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit [www.knoxhospital.org](http://www.knoxhospital.org).

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