



Press Release
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Media Contact
Stephen Kuehler | stephen.kuehler@knoxhospital.org
940-657-3535

Health Fair Coming to Knox County on October 7

Family-friendly event will feature health screenings, activities and more.

KNOX CITY, Texas – (Sept 29, 2023) - Fall is a great time to start thinking about ways to improve your health. And, with autumn just around the corner, Knox County Hospital District has announced that it will be hosting its annual health fair on October 7 from 8:30 a.m. to 11:30 p.m. at the Knox City Hospital.

“This is a fun and interactive way for our neighbors to think about their health and to learn about all of the health and wellness resources in the area,” said Stephen Kuehler, CEO of Knox County Hospital District. “As always, this is a fun event for the entire family.”

At the health fair, families can find fun and practical ways to improve their lifestyles and manage their health. Those who attend can take advantage of free health screenings, including blood pressure status, weight and height measurements, pulmonary function demonstrations, oxygen saturation, glucose/blood sugar screenings, and more.

Health exhibits and local vendor booths will provide families the chance to learn about practical ways to take care of their health.

In addition to being an opportunity to learn more about their own health, the health fair is also a chance to let the community know about the local and regional health resources available. Several departments and services from Knox County Hospital, the Knox City Clinic and Munday Clinic will be represented at the event.

“We have so many health and wellness resources here in the local area,” Kuehler said. “The health fair is a way to connect families with providers and vendors from across the region so they can take advantage of what we have to offer here in Knox County.

The health fair will be held at Knox County Hospital, 701 SE 5th St., in Knox City, on Saturday October 7, 9:00 am – 11:30 a.m. Flu Shots will begin at 6:30 am and various lab testing from 6:30 am to 8:30 am. Check out the Facebook page or website for all the details.

To learn more about local healthcare services, or to find a provider, visit the Knox County Hospital District website at www.knoxhospital.org.

MORE

Knox County Hospital District
701 SE 5th St. | Knox City, TX 79529 | 940-657-3535



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About Knox County Hospital District

Founded in 1926, Knox County Hospital District provides healthcare for residents of Knox County and surrounding areas. The district offers a wealth of medical services, including 24-hour emergency care, advanced radiology services, a clinical laboratory, home health, physical therapy, long-term care, patient education, and more. For additional information, please call 940-657-3535 or visit www.knoxhospital.org.

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