



# Knox County Hospital District

Your Hometown Healthcare Team

Cordially Invites You to Our Annual Health Fair:

## **HEALTH, WELLNESS AND SAFETY 2023**

Date: Saturday, October 7, 2023

Time: 9:00 a.m. until 11:30 a.m.

Place: Knox County Hospital

701 Southeast 5<sup>th</sup> Street

Knox City, Texas 79529

**\*FLU SHOTS Beginning at 6:30 A.M.\***

***LAB TESTS FROM 6:30 A.M. TO 8:30 A.M.***

FREE PSA TESTING FOR MALES OVER THE AGE OF 40

FREE BLOOD GLUCOSE SCREENING (fasting)

FREE CHOLESTEROL TESTING (fasting)

\*\*INCLUDES TOTAL CHOLESTEROL, HDL, LDL & TRIGLYCERIDES

***Munday Nursing Center***

***Seymour Medical, Inc.***

***Knox County Retail Pharmacy and Supply***

***Texas Health Steps / Texas Star / Maximus***

***Knox County 9-1-1***

***Air Evac – Air Ambulance***

***Amerigroup***

***Knox County Agrilife***

***TOPS (Take Off Pounds Sensibly)***

***2-1-1 Texas***

***West Central Texas Aging and Disability Resource Center***

***Alzheimer's Association***

***FirstCare Health Plans – a part of Baylor Scott & White***

***Brazos Valley Care Home***

***Dignity Health Management Center***

***Information on:***

***Fall Precautions***

***Postural Awareness***

***Core Stability***

***Durable Medical Equipment***

***Medicare Part D Enrollment Period***

***Cardiac Rehabilitation***

***Healthy Aging & Warning Signs of Dementia***

***HIV/AIDS***

***And Much More!***

***Refreshments – Courtesy of Knox County Hospital Pink Ladies***

Flu Shots \$25.00 / Please bring Medicare or Medicaid Card